

April 2010

ON THE COVER:
The Wellness Center
Aquatics Program

2

RADIOLOGY
Sees Right Through what's
Bugging the MRI Staff
Another Line Here

REGISTRATION
Greet Newcomers with
Free Apple Pies

THE WINDOW SHOP
brings in many new products,
including employee favorite,
the Whoopi Cushion, Really!

SUZU SHOELACER
Celebrates 3rd Year in Patient
Relations

3

NEWS YOU CAN USE
Really Interesting story...

CAUGHT IN THE ACT!
Imagine how embarrassing
this must've been

NEW FACES
More than 48 new hires and
departmental changes

OFF THE CUFF
by Peter Gosline, CEO

4

CROSSWORD PUZZLE
This could be a new feature

TRIVIAL MATTERS
Little known MCH facts

SOUND OFF!
Rants and raves

Aquatic Program Makes a Big Splash!

Story By Phil McFarland



Caption about these two lovely ladies goes here

The Fun and Effective Way to Exercise

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Peggy Sysyn, Radiology

Peggy's husband, Leo Barrell, has moved to the U.S. from London, England to join Peggy in Hancock.

Christy-Sue Solomon, APU

On May 1st gave birth to Shamus Benjamin Solomon. He weighed 9 lbs, 7 oz and was 22 inches. He joins siblings Kate and Nick.

Michelle Cilley, PT

is now offering physical therapy services in the Monadnock OB/Gyn office on Thursdays from 8 to noon. Michelle specializes in treating women's health issues, such as incontinence, pelvic pain, and orthopedic issues during pregnancy. She has been a physical therapist for 10 years and with MCH since 2001.

Gretchen Mathieu, Radiology

gave birth to her daughter Payton Grace on May 7. Congratulations to the whole Mathieu family!

Mary Alice Lavelle, Radiology

recently graduated from Mt. Wachuset with a degree in Health Sciences/Massage Therapy. Congratulations Mary Alice!

Robin Muller, Radiology

the department welcomes Robin as a new Mammography Technologist.

Helen Burke, Pharmacy

has recently transferred from Materials Management to become a full-time pharmacy technician.

Sarah Bay, The Birthing Center

has been a PRN staff member on OB for the last 1 1/2 years and has been accepted at Columbia University, Yale University and the University of Washington Schools of Nursing for the purpose of studying Nurse Midwifery. She has chosen to attend the University of Washington and moved to Seattle in May.

Radiology

The new Hologic Discovery QDR Bone Mineral Densitometry machine has been installed. The unit is much more advanced in technology and will enable more types of exams and do them faster. Beginning the week of July 4th, Radiology will be offering MRI services four days each week (Monday, Wednesday, Thursday and Friday).

Off the Cuff

by Peter Gosline

As we are already past mid-year, and well into summer, I am remembering a number of memorable events since the first of the year here at MCH. In both January and June we held successful Red Cross Blood Drives, both of which exceeded their goals. They are very important to the well-being of our community and our employees and volunteers alike help make this happen. During April we honored all of our wonderful volunteers, with our annual Volunteer Appreciation Luncheon. This event allowed us to say "thank you" to the 94 volunteers who devoted over 10,400 hours to help our patients and boost the morale of our employees! Speaking of volunteers, during May we also honored the Emergency Medical Services volunteers and staff, who serve the 13 Towns of the Eastern Monadnock region, in a ceremony held at Monadnock Country Club. There was also a

special recognition for one of our ER Nurses, Pat Johnson, for her dedication of many years of service to the Hospital and its patients.

The Parmelee Society recognizes people who have included MCH in their will or estate planning, and our yearly luncheon held in May gave us the opportunity to thank them for their continued support of our Hospital. Once again MCH and the Crooked Mountain Foundation partnered for a fabulous June Gala - an evening of fine food, music, and good friends. Our proceeds went to support our Monadnock Healthy Teeth Program.

Most recently, the Shattuck Golf Club was the setting for a special reception for our Volunteers and those who continue to give of their time, talents and treasure to ensure the growth and success of our Hospital.

I hope all of you have been able to attend a presentation of the plans for the Hospital expansion and the new connector road. It is



a most exciting project that will involve each and every one of us in different ways. Starting this summer the new road and parking lot construction will begin so I ask that all of you "go with the flow" and be patient with any temporary delays or inconveniences, so that we can improve our parking and circulation here at MCH, a positive step for staff, volunteers and our entire community.

Please enjoy the remaining weeks of summer and know that we as an organization have much to be thankful for, with superior employees and volunteers, a very supportive community, and yes, financially we have emerged back "in the black" once again, year to

New Faces

January 2010 through March 2010

OB/GYN

Mary Baker Eddy, RN, Mark Knoepfler, RN, Jason Bateman, RN, Betsy Ross, RN, Justine Bateman, RN, Julie Andrews, CPNA

Medical & Surgical

Dr. Frank N. Stein, Unit Coordinator, Joseph Killdare RN, Jookie Cabudasmidt, CNA, Joseph Riley, CLNA

Materials Management

John Oxhandler, Receiver, Christine Pickemup, Clerk

Patient Business Services

Julie Wassamatta, Patient Account Representative

Monadnock Behavioral

Edward C. Morrow, Advanced Paractice Therapist, Arnold Rorshakt, Licensed Therapist

Communications

Alexander Grahm Bell, William Jefferson Clinton. Switchboard

Lab Services

Hilda Thisamayhurt, Phlebotomist, Jesse Ventura, Needle Cleaner

Environmental Services

Maya Cleanup, Enironmental Services Technician

Security

Frederik K. Remington, Security Officer, Mike Darukee, Patrol, Greg Pewterschmidt, Crossing Guard

Physician Consultants

I. Donnacknow, Receptionist, Crocker C. Hammersmucht, PA,

Accounting

Ida Checkagan, Accountant, Analyst

Community Relations

Yura Telleme, Program Manager, Helen Cookmong, Assistant, Candy Peppermint, Program

Neurology

Pierce Graymatter, Physician

Rehab Admin

Robert Tryagin, Rehab Referral Specialist

Fitness

Jack Lelane, Excercise Instructor

Radiology

Clarence Filmlooker

Member Services

Ida Liktahelpya, Member Services Representative

Jaffrey Family Medicine

Jorge Jaffrica, Cecil Bean, Physician Assistants

Monadnock Surg. Assoc.

Ima Gonnacutya, Assistant

Dietary

Esther Eatalot, Jeanne Whatshername, Aide I

Emergency Department

Rampart Squadfact, RN

Physical Therapy

Ben Ditmore, Physical Therapist, Ilene Dover, Dominatrix

Human Resources

Helpame Helpayu, HR Assistant

Operating Room

Urri Bettadoit, RN

Information Technology

Vidma Youliketuno, CIO

ICU

Vera Muchcare, RN

The Big Story Headline

by The Writer of Great Stories



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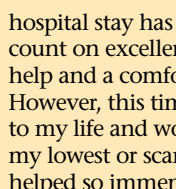
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Caught in the Act

Here are just a few of the kind acts that we see happen every day at MCH, where fellow employees go out of their way to help another person or take the extra effort to make MCH a better place to work. If you observe one of your co-workers "Making a Difference," please fill out one of the "Caught in the Act" forms, and we may publish your comments in the next issue of the Pulse.



Dottie Caldwell, Central Service—When we needed special instruments for an emergency case to be delivered and processed on a Saturday, Dottie came in and cheerfully and capably took care of everything for a safe and successful surgery. Thank you Dottie.



Cindy Lynch, APU/Social Worker—My lengthy hospital stay has been life saving but difficult. I always knew I could count on excellent nursing care and doctors, vigilant respiratory help and a comfortable, dear room. Again, I was never disappointed. However, this time I had to face a lot of emotional issues and changes to my life and work. Cindy seemed to always miraculously arrive at my lowest or scariest times. Her compassion, sympathy and expertise helped so immensely to heal both mind and body. Thank you Cindy and thank you MCH for not only treating the physical side of wellness!

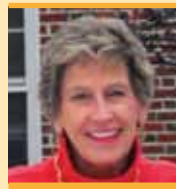


Mary Bethel, Registration—Mary was in the café after lunch and saw another employee on crutches trying to get lunch. Instead of letting the employee struggle, Mary carried her tray and got her food for her and helped her through the line and back to her table. What a gal!

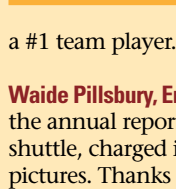


John Adams, Volunteer/SDS—John is the perfect volunteer for the same day surgery waiting area. He greets everyone warmly, then stays to sit with the visitors to reassure them. Many visitors make positive comments about John.

Dana Kumph, Materials Management—Near the cafeteria I observed him ask an elderly lady if he could help her. She appeared to be lost and he offered to escort her to the doctors office where she was going. A very kind gesture!



Terry Kilvert, Community Relations—Terry helped an elderly couple who couldn't start their car. She found security and helped them on a very snowy and cold day.



Melissa Duffy, APU—Thank you for filling most of the water pitchers and staying late to help with call lights while I was the only aid on the floor. You are

a #1 team player.

Waide Pillsbury, Engineering—We were doing a photo shoot at MCH for the annual report and on very short notice Waide got out the golf cart shuttle, charged it up, and made sure it was ready to be used in the pictures. Thanks so much for your help. We got some great pictures.



Peter Bean, Security—Thank you for keeping the ED staff and patients safe and the patient safe on 5/15/08. By the way, we hear the "Pats" are looking for a linebacker!

Jodi Mattson, ED—Jodi was extremely professional in dealing with a very stressful situation. She took excellent care of the patient in addition to managing a complex transfer. You're the best.

Another Story Headline

by The Writer of Great Stories



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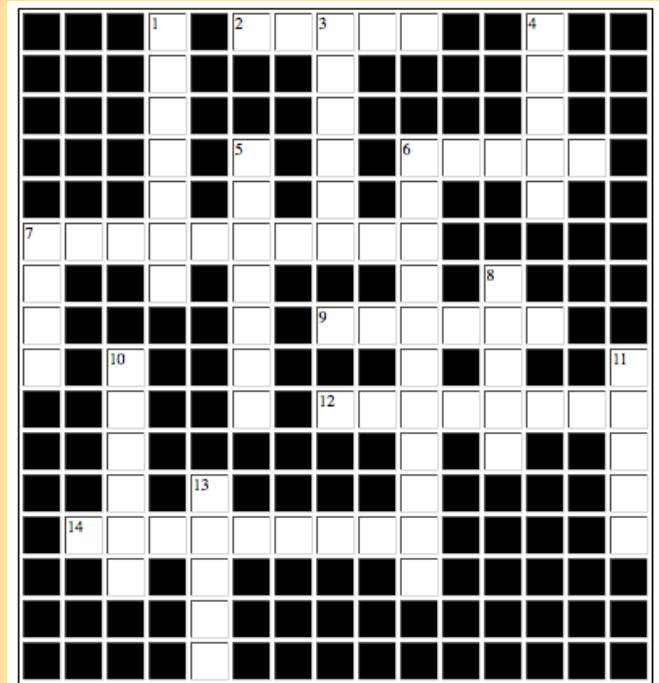
Smaller Story One Headline

by The Writer of Great Stories



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Across

2. Namesake of new ER
6. Care Comes -----
7. The name of the newsletter that goes to MCH patrons
9. Construction company
12. Name on the new road
14. ----- Internists

Down

1. ----- Family Medicine
3. ----- in the Act
4. The name of this newsletter

5. The MCH Golf -----
6. MCH Marketing Agency
7. Namesake of the Wellness Center
8. He's an honorary member of the Girl Genius Club
10. The ----- Shop
11. The ----- Felgar Meditation Garden
13. She's the queen bee of the Girl Genius Club